

MU School of Health Professions Alumni

Giving back through Mentorship

A **mentor** is a competent teacher, a trusted advisor and an apt role model. As a mentor you will embark on a transformational journey with one or more of our SHP students. As a mentor you will share your professional expertise, experience and wisdom with a mentee who is actively seeking career guidance, new skills and competencies, and professional insights.

Responsibilities of a mentor:

- ✚ Learn your mentee's needs and aspirations through attentive listening.
- ✚ Work with your mentee to establish and meet goals for the year.
- ✚ Challenge your mentee to achieve high academic standards.
- ✚ Offer your mentee insight into the professional workplace.
- ✚ Advise your mentee about possible career paths.

Best of all, mentorship is an opportunity to:

- Meet today's students and other SHP alumni
- Give back from your wealth of knowledge and experience
- Inspire a student to follow his/her dreams
- Invest in future health care leaders
- Feel great about yourself